

TRAIN THE TRAINER ASSESSMENT

This assessment is designed to assess the level of knowledge obtained from external literature.

1. What are the two main functions of the teeth?

2. It is healthy for the gums to bleed when brushed

TRUE

FALSE

3. List 2 key points that staff should be aware of with promoting good oral health

4. Why are vulnerable groups more at risk from poor oral health?

5. It is important to avoid brushing any teeth that appear broken, have cavities or are loose.

TRUE **FALSE**

6. Why do you think oral care been put on the inspection list?

7. What is gingivitis?

8. What is plaque?

9. What causes drooling in people with disabilities? (tick)

- Difficulty keeping lips closed
- Abscesses and swelling
- Sore mouth
- Painful teeth
- Large Tongue (esp Downs Syndrome)
- Difficulty swallowing or not swallowing enough

Other _____

10. As people with learning disabilities get older the teeth and gums naturally deteriorate

TRUE

FALSE

11. If the gums bleed when brushed it is important to stop brushing them as you are in danger of damaging the gums.

TRUE

FALSE

12. Some people's breath smell (halitosis). What do you think the cause of this is?

13. In your own words how is a cavity caused.

14. Many toothpastes contain fluoride. It is especially helpful for vulnerable people to use it.

How does fluoride benefit the teeth?

15. If someone is experiencing dental pain and does not have the ability to express this, what signs do you think he/she may display?

16. It is recommended to keep a 3-4 day dietary diary. What information do you think would be helpful to know with regards reducing decay?

17. What does the word dysphagia mean? (tick)

- Coughing
- Difficulty breathing
- Difficulty swallowing

18. It is common for people with learning disabilities to be admitted with pre-existing gum/dental problems.

How should a carer clean someone that has broken teeth?

19. If plaque is allowed to remain on the teeth can get inhaled and can cause someone to become poorly. (aspiration pneumonia)

TRUE

FALSE

20. Should a person be encouraged to rinse after brushing?

YES

NO

21. Plaque takes around 1 week to form

TRUE

FALSE

22. If someone refuses to have their teeth brushed what could the carer do?



23. Are pink mouth sponges banned in England?

YES

NO

24. Oral Health Assessments must be carried out on all new residents regardless of how long their stay.

What will an oral health assessment establish?