



TRAIN THE TRAINER ASSESSMENT

This assessment is designed to assess the level of knowledge obtained from external literature.

1. When was Oral Healthcare added to the CQC list?

- March 2015
- July 2016
- June 2017
- Oct 2019
- It hasn't been added yet but will be shortly
- Not sure

2. Give two functions of the teeth

3. The gums can bleed in health.

- TRUE
- FALSE



4. Best practice is to rinse the mouth after toothbrushing

- TRUE
- FALSE

5. What is plaque?

6. Many people that live in long term care facilities have broken teeth, why do you think this is?

- Teeth become brittle with certain medication
- Teeth break with age
- Teeth become so decayed they break
- All of the above
- Not sure



7. It is advised to avoid using a whitening toothpaste for people that suffer with a dry mouth. Why do you think this is?

8. Green mouth sponge swabs are made differently to pink sponges, they are more secure and can be used for palliative mouth care with caution in England

- TRUE
- FALSE

9. Pink sponge swabs are banned in Wales and England? (tick)

- Yes
- No

10. It is best practice to refer someone to a dentist or directly a hospital should you notice any lesion in the mouth that is not healing. How long would you leave it before notifying a health professional?

- a week
- 10 days
- 2 weeks
- 2 months



11. Good oral health is essential for avoiding Aspiration Pneumonia. What is Aspiration Pneumonia?

12. What damage can dental plaque cause if it is not removed from the mouth?

13. Poor oral health can affect a persons over health

TRUE

FALSE



14. John requires assistance with toothbrushing, you assist be he keeps biting the toothbrush. What would you do?

15. Oral Health Assessments are mandatory and must be carried out on each new service user.

- TRUE
- FALSE

16. Tick what you think causes teeth to become sensitive.

- Decay
- Exposed nerve
- Broken tooth
- Recession
- Other



17. If someone has a loose denture what would be your first action?

18. Dry mouth is a common complaint for people in care. What do you think commonly causes dry mouth?

18. How would you manage someone with a dry mouth?

19. Avoid brushing those teeth that are loose as it may cause them to become more mobile.

- TRUE
- FALSE



20. What causes bleeding gums?

21. Many toothpastes contain fluoride. Fluoride helps keep the mouth lubricated

- TRUE
- FALSE

22. In your own words, how do you think a cavity is caused?



23. If someone is experiencing dental pain and does not have the ability to express this, what signs do you think he/she might display?

24. Best practice is to remove dentures at night. How should they be stored?

- Store in damp tissue
- Store in water
- Store dry in a named pot
- Other_____